

Post-operative Care – Perineal Hernia Repair

Pet Name: _____ **Date:** _____.

Your pet has had a surgery to repair the separated muscle of the pelvic diaphragm (perineal Hernia Repair).

Caring for your pet after an anaesthetic

Your pet may still be a bit sleepy from the anaesthetic so should be kept warm and quiet at home.

The after-effects of the anaesthetic may persist for a couple of days.

Offer food and water after the surgery. Your pet will need nutrition to start healing.

Any clipped hair will start growing back after a couple of weeks.

Medications: (continue to give any other prescribed medications as instructed)

Medication	Reason	Amount per dose	Frequency of dosing	Length of Course

Post op Appointments:

Post op Check	With	Date	Time	Other Instructions
1				
2				
3				

For VetCW checks, do not feed after 10pm the night before your appointment, but do give water

Post op Instructions:

- Please do not allow your pet to lick or interfere with any surgical wounds. Please use the buster collar or pet shirt provided.
- Your pet should be kept under strict lead exercises only for the next 2 weeks to give the surgical area time to heal. They should be kept in a kennel/crate, a small room or a cordoned off corner of a room if not being supervised. Ensure there is enough room for food and water bowls and a big enough bed for them to fully stretch out on.
- Some dogs go back to normal within 24 hours, but others can become reluctant to pass faeces for several days, or may develop diarrhoea. Please seek advice from your practice in case any medication is needed.
- We recommend that you take them out more frequently to give them the opportunity for toileting.
- Incontinence can be a post-operative complication. In the majority of cases this should resolve in a couple of weeks
- Adding in a high fibre diet could help with post surgery bowel movements.
- Please check the surgical site often. If it gets covered in faeces please gently clean it with cooled boiled water.
- If straining occurs please contact your vets. They may provide stool softeners to make this process less uncomfortable.
- If your pet will tolerate it a cold compress around the surgical site may help reduce any swelling. (You can use a bag of frozen peas wrapped in a tea towel for this. Please do not apply directly to the surgical incision.

We do hope your pet has a speedy recovery. If you have any issues, please contact your regular practice for advice. They will contact us if necessary but should be able to help with most questions.

Kind regards,

Colin Whiting and the VetCW Surgical team

Some Doggy Stress Busters

Put their favourite bed/blanket in kennel/confined area to snuggle into and feel super comfy

Keep the crate/confined area in a busy room so they can see what's going on and don't feel too isolated.

Break up mealtimes from once or twice daily to 3-4 times daily. Try different food and treats (care with weight gain/stomach upsets),

New toys (possibly with treats in) can break up their time - as long as they are not too over exuberant at playing!

Stuffing Kongs with peanut butter and some of their food ration will keep the occupied for ages.

<https://lickimat.com/> have a range of toys and environmental enrichment products. They can be purchased through Amazon in the UK.

There are some great resources on this website; just remember that exercise at this stage needs to be restricted.

<https://positively.com/dog-wellness/dog-enrichment/>

If they are home alone for long period of times, then leave radio/TV on.